

On-Campus Community Resources

Here's a list of on-campus community resources! We'll do our best to keep everything current, but since things can change, we recommend reaching out to the department or team directly to make sure you have the most up-to-date information.

Beck Center for Veterans

If you're a veteran, service member, or family member, the Beck Center is here for you. Get support with academic advising, benefits, career counseling, and rehabilitation services. They'll help you achieve your post-military goals.

Visit the Beck Center website

Career Services

The Office of Career Development & Engagement connects students, alumni, and employers. Whether you're exploring majors, looking for a job, or recruiting top talent, we're here to help. Get guidance, gain experience, and take the next step.

Visit the Career Service website

The Lupine Wellness Center

The Lupine Wellness Center provides a range of mental health/counseling outpatient services to children, adolescents and adults in the community. These services may include:

- Academic Interventions
- Behavioral Parent Training
- Behavioral Therapy for Children
- Consultations
- Psychoeducational Workshops
- Family Therapy
- Individual Therapy
- Marital or Couples Therapy
- Play Therapy
- Social Skills Training

Clinicians/Counselors address a broad range of issues such as autism, depression, anxiety, relationship and interpersonal problems, emotional and behavioral problems, academic issues (e.g., reading, mathematics, writing, etc.), and problems with stress and coping. In-person and/or

telehealth sessions are available.

Services for the Northeast Arkansas community are available on an affordable sliding scale - no insurance required.

Hours: Monday–Friday, **8:00 a.m.–5:00 p.m.** (*appointments may be available after 5:00 p.m. when needed*)

Phone: **870-972-2000**

Email: **lupine@astate.edu** (*please don't use email for emergencies*)

Getting started: Call us to complete a brief **initial phone intake** so we can match you with the right services. **Walk-ins** may be accommodated as scheduling permits.

Revision #6

Created 2025-11-14 21:54:52 UTC by Victoria Shann

Updated 2026-02-24 17:04:25 UTC by Jessica Rainwater