

What do I do if I am experiencing a crisis outside of working hours?

Call the University Police Department (870) 972-2093 or 9-911. Let them know that you have a mental health crisis and request to speak to a counselor. UPD will contact an on-call counselor who will respond as soon as possible.

Students experiencing a medical emergency or life threatening mental health situation should call 911 or go to the nearest emergency room.

Local Area Hospitals:

NEA Baptist Memorial Hospital 4800 E Johnson Ave Jonesboro, AR 72401 (870) 936-1000	St Bernards Medical Center 225 East Jackson Jonesboro, AR 72401 (870) 207-4100
Arkansas Methodist Medical Center 900 W Kingshighway Paragould, AR 72450 (870) 239-7000	Lawrence Memorial Hospital 1309 West Main Walnut Ridge, Arkansas 72476 (870) 886-1200

Revision #1

Created 2025-11-06 18:03:25 UTC by Trevor Scudder

Updated 2025-11-06 18:03:59 UTC by Trevor Scudder